BREAKFAST

IUICE

Freshly Squeezed Orange or Pink Grapefruit
 Apple Juice
 Cranberry Juice
 Carrot Juice

YOGHURT

Glenilen Farm Natural Yoghurt Served Plain or with Seasonal Fruit Compote

FRUIT

Poached Prunes infused with Earl Grey and Citrus
Seasonal Fresh Fruit Salad
Grape, Pink Grapefruit and Orange Segments, Fresh Garden Mint
Chia Bowl, Fruit Compote, Homemade Granola, Seasonal Berries

CEREALS

Warm Flahavan's Organic Porridge, with Apple and Raisin Compote

Fruit and Nut Muesli

Homemade Granola

Your favourite cereals are available upon request

All Cereals served with milk from Gloun Cross Dairy

BREADS

- · Homemade Brown Bread · O'Sullivan's Bakery White Toast · Gluten-free Toast ·
- Homemade Raspberry Jam and Connemara Whiskey Marmalade
 Selection of Freshly
 Baked Danish Pastries
 Croissant (gluten-free available)
 - · Scones (gluten-free available) ·

CLASSIC IRISH BREAKFAST

Dempsey's Free Range Pork Sausage, Dry Cured Bacon, Sneem Black Pudding and Caherbeg White Pudding, Tomato, Mushroom, Free-range Egg (Poached, Scrambled or Fried)

-or-

FISH

Grilled Market Fish of the Morning, Oven Roasted Plum Tomatoes

Smoked Goatsbridge Trout with scrambled eggs

-or-

EGGS

Ham Hock and Parsley Hash Cake, Fried Egg Boiled Egg and Soldiers

Eggs Florentine

Classic Eggs Benedict

Our eggs are laid at Forest Farm Free Range in Waterville

-or-

OMELETTE

Your choice of Smoked Goatsbridge Trout · Hegarty's Aged Cheddar Cheese ·
 Field Mushrooms · Baked Ham · Tomato ·

-or-

PANCAKES

American Style Pancakes with Seasonal Berry Compote, Gloun Cross Whipped Cream, Maple Syrup

DRINKS

· Irish Breakfast Tea · Tisanes · Iced Tea with Lemon and Mint ·

BLUE BOTTLE COFFEE

Batch Brew Bella Donovan
 Caffé Americano
 Gibraltar
 Caffé Latte
 Caffé Mocha
 Cappuccino
 Macchiato
 Craft Matcha Latte
 Hot Chocolate

Full selection of Blue Bottle Coffee and Matcha available, made with Delicious Milk from Gloun Cross Dairy or your Non-dairy Preference