# **BREAKFAST**

## **JUICE**

Freshly Squeezed Orange or Pink Grapefruit
 Apple Juice
 Cranberry Juice
 Carrot Juice

#### **YOGHURT**

Glenilen Farm Natural Yoghurt Served Plain or with Seasonal Fruit Compote

### **FRUIT**

Poached Prunes infused with Earl Grey and Citrus

Seasonal Fresh Fruit Salad

Grape, Pink Grapefruit and Orange Segments, Fresh Garden Mint

Warm Salad of Apricot, Prunes and Raisins with Banana and Toasted Almonds

### **CEREALS**

Warm Flahavan's Organic Porridge, with Apple and Raisin Compote

Fruit and Nut Muesli

Homemade Granola

Your favourite cereals are available upon request

All Cereals served with milk from Gloun Cross Dairy

### **BREADS**

- · Homemade Brown Bread · Harrington's Bakery White Toast · Gluten-free Toast ·
- Homemade Raspberry Jam and Connemara Whiskey Marmalade
   Selection of Freshly
   Baked Danish Pastries
   Croissant (gluten-free available)
  - · Scones (gluten-free available) ·

#### CLASSIC IRISH BREAKFAST

Dempsey's Free Range Pork Sausage, Dry Cured Bacon, Sneem Black Pudding and Caherbeg White Pudding, Tomato, Mushroom, Free-range Egg (Poached, Scrambled or Fried)

-or-

## **FISH**

Grilled Market Fish of the Morning, Oven Roasted Plum Tomatoes

Smoked Goatsbridge Trout with scrambled eggs

-or-

### **EGGS**

Ham Hock and Parsley Hash Cake, Fried Egg Boiled Egg and Soldiers

**Eggs Florentine** 

Classic Eggs Benedict

Our eggs are laid at Forest Farm Free Range in Waterville

-or-

#### **OMELETTE**

Your choice of Smoked Goatsbridge Trout · Hegarty's Aged Cheddar Cheese ·
 Field Mushrooms · Baked Ham · Tomato ·

-or-

#### **PANCAKES**

American Style Pancakes with Seasonal Berry Compote, Gloun Cross Whipped Cream, Maple Syrup

#### DRINKS

· Irish Breakfast Tea · Tisanes · Iced Tea with Lemon and Mint ·

# BLUE BOTTLE COFFEE

Batch Brew Bella Donovan
 Caffé Americano
 Gibraltar
 Caffé Latte
 Caffé Mocha
 Cappuccino
 Macchiato
 Craft Matcha Latte
 Hot Chocolate

Full selection of Blue Bottle Coffee and Matcha available, made with Delicious Milk from Gloun Cross Dairy or your Non-dairy Preference